You have tested positive for coronavirus (COVID-19)

Your test shows that you have coronavirus. It is important that you self-isolate immediately.

We have received your name, CPR number and telephone number from the test centre and we will call you as soon as possible. If we do not reach you within a few hours, please call us at *+45 32 32 05 11 – press 1*. You can call us between 8 am and 10 pm every day of the week, including weekends.

To stop the spread of infection, the Danish Patient Authority will help you find and inform those you may have infected – your close contacts. Please start informing persons that you know have been close to you. They must self-isolate and get two tests, on day 4 and day 6 after their last contact with you.

You must self-isolate

Self-isolation means that you avoid contact with other people:
- Stay at home. Do not leave your home to go shopping or go to work.
- Avoid physical contact with your family or people that you live with. If possible, use a different bathroom.
- Cancel all visits.

The duration of your self-isolation depends on whether or not you have any symptoms of COVID-19. We will guide you on this.

If you cannot isolate from you family or the people you live with, e.g. because your home is too small, or if you live with someone at higher risk from coronavirus, you may be offered a voluntary stay at an isolation facility outside your home. If you need this, you must contact your municipality. We can guide you on this.

Find out who your close contacts are

You must find out who you have been close to during the time you may have infected others – at home, at work and in other places.

- If you **have symptoms**, find out who you have been close to 2 days before your symptoms began and until you self-isolated.
- If you **do not have symptoms**, find out who you have been close to 2 days before you were tested for coronavirus until now.
- If you **have developed symptoms after you were tested**, find out who you have been close to 2 days before the test until now.

You should inform **your employer** that you have coronavirus. If your child has coronavirus, inform their **school or daycare**.

Read more about self-isolation and close contacts in the Danish Health Authority's guide on what to do when you have tested positive for coronavirus.

You must inform your close contacts that they should self-isolate and get tested

You must tell your close contacts that:
- They may be infected with coronavirus
- They must self-isolate

Close contacts must normally get 2 tests, one test on **day four** and one test on **day 6** after the last time they were close to you. There are PCR tests and rapid antigen tests. **Close contacts must get PCR tests**. Close contacts can only end their self-isolation if they get a negative <u>PCR test</u> on day 6.

It is <u>important</u> that your close contacts call us so that we can advise them about self-isolation and establish the correct dates for their tests. When they call us, they will get referrals for the two PCR tests on coronaprover.dk and more time slots will become available. **Ask you close contacts to call +45 32 32 05 11, press 2.**

Your close contacts can get more information in <u>the Danish Health Authority's guide for close contacts</u>

You may be entitled to sickness benefit

You may be entitled to sickness benefit when you cannot go to work. In order to receive sickness benefit you must meet the conditions in the Danish Sickness Benefits Act. This also applies for close contacts. Contact your municipality for information on how to claim sickness benefit.

Contact information

If you have any questions about infection, self-isolation or close contacts, please call **+45 32 32 05 11, press 1**. Phones are open from 8 am until 10 pm every day, including weekends.

Close contacts can call the same number +45 32 32 05 11 and **press 2.**

If you have any questions about treatment of your illness, please call your general practitioner. Remember not to show up at your general practitioner's office without an appointment.

Regards

The Danish Patient Safety Authority